

Course Information

LDCT is a training organization, which provides courses approved a range of governing bodies such as the Health and Safety Executive and the International Marine Contractors Association.

The aim of LDCT is to train personnel to be competent to the specified course syllabus.

Course Timings

The course will run approximately between 0900 and 1700 each day. Please ensure you arrive for a prompt start. There will be several breaks for refreshments and lunch. Candidates are required to attend a minimum of 90% of the contact hours unless absences are supported by medical documentation.

The Venue:

The course will be held at our training room at London Diving Chamber. Directions are enclosed.

The Trainers:

We use only the highest quality trainers. They come from a variety of backgrounds: Specialist Doctors, Critical Care / trauma specialist nurses, Military and commercial trained divers.

The Equipment:

The cost of the course includes course notes as well as all the necessary practice materials (tape, bandages, syringes, needles, etc). Please bring a supply of paper, pens, highlighters etc.

Refund Policy:

In the event of the course being cancelled by LDC Training a full refund will be awarded. If the candidate cancel's the course, the following cancellation policy applies:

- 100 % Refund - if 30 days notice or more are given.
- 50 % Refund - if 14 – 29 days notice is given.
- No Refund - if less than 13 days notice is given.

Clothing:

Casual and comfortable, the course contains practical scenarios, which involves candidate participation. There will be some physical activities on this course, which involve manual handling.

Drug and Alcohol Policy:

We do not permit the consumption of alcohol in the training centre or the use of non-prescription drugs. Any candidates found to be under the influence of illicit drugs or alcohol will be asked to leave the course. There will be no refund in this instance.

Accidents or Incidents:

Any accident or incident involving injury (of any nature) to a candidate or visitor must be reported to the instructor and recorded in the accident book.

A First aid post is located in the training area and the hospital crash team is available on extension 2222 in case of an emergency.

All instructors are advanced first aid providers.

Complaint Procedure:

If a candidate has a complaint about any facet of the course either at the end or during the course a complaint form shall be provided on request. After the course, you will be given a survey to complete. Please fill out this form as it enables us to improve future courses.

Damage and Defects:

Please report any damaged or defective equipment to the course instructor. Wilful damage to the training centre property or equipment will incur the cost of replacement or repair. Criminal acts such as damage, theft or assault will immediately be reported to the relevant police authorities and dealt with accordingly.

Training Area Facilities:

Toilets and a kitchen area are provided in the training area. Tea, coffee and water is available free of charge. The areas are cleaned daily however we ask candidates to ensure these facilities remain clean and tidy. More substantial meals and food is served at the hospital canteen. Please ask the instructor for directions. The training centre is close to St John's Wood high street, which has a range of cafes as required.

We allow water and other small snack foods into the training rooms however we ask any rubbish is removed or mess tidied at the end of the day.

We understand that in the diving business is important to be contactable however in consideration for others we ask that phones are turned off or switched to meeting mode during the training sessions.

If you find the temperature of the training facility uncomfortable please inform the instructor who will attempt to adjust accordingly.

The training centre is located in a working hospital. We ask candidates not to stray from the training or eating areas as to minimise disruption to the rest of the hospital.

Emergency Procedures:

The fire alarms are tested every Tuesday morning for a short period. If this alarm continues for a length of time, or sounds at any other time then it is to be considered a real emergency. Please evacuate to the muster points as directed by the instructor in the course introduction. If you are unsure as to evacuation procedures after the introduction than please ask your instructor for clarification. The location of fire extinguishers and emergency exits are clearly marked throughout the building.

Certification:

If necessary students will be required to provide proof of relevant qualifications before the course completion certificate is provided.

Certification validity periods are specified on the award certificates as necessary. Re-qualification courses will be required to remain current at the end of the validity period. Re-qualification courses will be required to show proof of current qualification during the refresher course. Course completion certificates will not be issued until full payment is received.

End Of Course:

The course will end by 16:00 on the last day. If candidates are planning to fly please allow appropriate travel time. (Gatwick is approx 60 mins away / Heathrow is approx 40 mins away / Stanstead is approx 75 mins away). The times given do not allow for delays.

Address:

LDC-Training. Hospital of St John and St Elizabeth, Brampton House, 60 Grove End Road, St Johns Wood, London, NW8 9NH.
Tel :- +44 (0) 207 8064021

Tube Directions

Nearest Station: St John's Wood

Line: Jubilee Line

The Facility is the top of Grove End Road. (HSBC Bank is on the Corner). The Hospital is 200m down the road on the left There is one exit from the station. Go straight out and to the set of lights on the corner. Directly across the road.

On arrival go to the main reception of the hospital and you will be directed to the chamber.

Driving From the M1

Take the exit toward **Wembley / A40 / M4**
Merge onto **N Circular Rd**
Slight **right** to stay on **N Circular Rd**
Slight **left** to stay on **N Circular Rd**
At the roundabout, take the **1st** exit onto the **A5 / Edgware Rd** ramp
Slight **right** at **A5 / Edgware Rd** Continue to follow A5
Turn **left** at **B510 / Quex Rd**
Turn **right** at **B507 / W End Ln** Continue to follow B507
Turn **left** at **Grove End Rd**.



Accommodation Suggestions

Premier Inn London Hampstead

215 Haverstock Hill, Hampstead, NW3 4RB, UK. Phone: 0871 527 8662.

- Located close to Hampstead Heath, within easy reach of M1 and Belsize Park tube station.
- 6 minutes travel by car or 32 mins by bus to LDC-T.

Price from £59 Per/Night

www.premierinn.com/en/checkHotel/LONHMP/london-hampstead

Charlotte Guest House

195-197 Sumatra Road, London, NW61PF, UK. Phone: 44 (0) 20 7794 6476.

- B&B situated in West Hampstead, a 5 minute walk from both West Hampstead and Finchley Road Tube Stations.
- 6 minutes travel by car or 6 mins by tube to LDC-T.

Price from £37 Per/Night

www.charlotteguesthouse.co.uk

Comfort Inn

450 Edgware Road, London, W2 1EG. Phone: 44 (0) 20 7724 3569

- Within a walking distance of Paddington and Edgware Road stations; Comfort Inn is a newly refurbished, budget hotel located in the western part of London borough of Westminster.
- 3 minutes travel by car or 13 mins by bus to LDC-T.

Price from £49 Per/Night

www.comfortinnedgwareroad.co.uk

Palmers Lodge Hostel

40 College Crescent, Swiss Cottage, London, NW3 5LB, UK. Phone: 44 (0) 207 483 8470

- A boutique backpackers based in Swiss Cottage.
- 3 minutes travel by car, 4 mins by tube / bus or 10 minutes walk to LDC-T.

Price from £21 Per/Night

www.palmerslodge.co.uk

Dawson House Hotel

72 Canfield Gardens, Camden, London, NW6 3EG, Phone: 44 (0) 20 7624 0079

- Dawson House Hotel is easily accessed through London's various transport systems. By **train**: West Hampstead is served by London Overground and First Capital Connect. And by **underground**: Metropolitan Line or Jubilee line at Finchley Road.
- 5 minutes travel by car or 10 mins by tube to LDC-T.

Price from £58 Per/Night

www.dawsonhousehotel.com

All Star Hostel

Chatsworth Road, London, NW2 4BL UK. Phone: +44 (0) 208 459 6203

- Modern Budget Price Dorm Rooms, Private Rooms and Studio Apartments located close to Willesden Green **Underground station** (Jubilee - Grey/Silver Line).
- 8 minutes travel by car or 12 mins by tube to LDC-T.

Price from £18 Per/Night

www.allstarhostel.co.uk/home/summary/

Pride of Paddington

1-3 Craven Road, London, England, W2 3BP Phone: 44(0) 207 402 2156

- Traditional inn-style accommodation, a mixture of double, twin and shared rooms with shared bathrooms.
- 7 minutes travel by car or 17 mins by tube to LDC-T.

Price from £25 Per/Night

<http://theprideofpaddington.co.uk/index.htm>

These are all great sites to find budget accommodation in London:

- <http://www.hostelbookers.com>
- <http://www.bootsnall.co.uk>